

# Cystic Fibrosis Education Day

## Virtual Symposium



### Earn up to 2.0 CE Credits

#### When

Saturday, May 30, 2020  
9:30 a.m. – 12:15 p.m.

#### Who should attend?

- Cystic fibrosis (CF) patients and families
- Dietitians
- Nurses
- Physicians
- Social workers
- Therapists
- Other health care providers

#### Registration

Complimentary registration for all health care professionals, patients and families in the CF community.

Select continuing education credits available for a \$20 fee. See reverse for available credits.

#### Questions?

**Contact** VCU Health  
Continuing Education  
[ceinfo@vcuhealth.org](mailto:ceinfo@vcuhealth.org) | 804.828.3640

Join us for an innovative online virtual symposium that will provide insights on managing cystic fibrosis (CF) into adulthood. We will share critical updates on the latest medical advances in holistic care management, including nutrition, clinical interventions, diagnosis for atypical presentations, and resilience and coping strategies. Designed for health care professionals, as well as patients and families in the CF community, this event will feature opportunities to engage in live discussions with an interdisciplinary health care team and hear from patient perspectives.

#### Objectives

At the conclusion of this activity, learners will be able to:

- Identify and manage late or atypical presentations of CF through collaboration with an interdisciplinary care team.
- Review updates regarding cystic fibrosis transmembrane conductance regulator (CFTR) modulators and therapy.
- Describe the latest developments in airway clearance techniques.
- Outline strategies for optimizing lung function and nutrition in managing CF.
- Discuss techniques for resilience and coping strategies for dealing with CF.

**Register online at [vcu.cloud-cme.com/cf2020](https://vcu.cloud-cme.com/cf2020)**

## Guest faculty

### Terri Quinan

Executive Director  
Virginia Chapter  
Cystic Fibrosis Foundation  
Richmond, VA

## VCU Health faculty

### Nauman Chaudary, MD, FCCP, FACP

Director, Adult Cystic Fibrosis Program  
Associate Professor of Medicine  
Division of Pulmonary Medicine and  
Critical Care Diseases

### Ansley Clarke, MSW

Clinical Social Worker  
Adult Cystic Fibrosis Program

### Mahsa Farsad, MS, RD

Clinical Dietitian II  
Adult Cystic Fibrosis Program

### Genoveva Garcia, RN, BSN

Nurse Clinical Coordinator  
Adult Cystic Fibrosis Program

### Ryan Hayden

Clinical Research Coordinator  
Pediatric Research Office  
Department of Pediatrics

### Lauren Magee, PharmD, BCPS

Clinical Pharmacy Specialist  
Internal Medicine  
Clinical Assistant Professor  
VCU School of Pharmacy

## Disclosure

In compliance with ACCME standards, all planners and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the activity evaluation form.

## Disclaimer

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours, or cancel if necessary.

## Schedule | Saturday, May 30, 2020

A.M.

- 9:30 **Welcome and announcements**  
Nauman Chaudary, MD
- 9:35 **Update on the VCU Adult Cystic Fibrosis Program and clinical outcomes**  
Nauman Chaudary, MD
- 9:50 **Tips and tricks: Late diagnosis and CF presentation for general practitioners**  
Nauman Chaudary, MD
- 10:05 **Update on cystic fibrosis transmembrane conductance regulator (CFTR) modulators**  
Lauren Magee, PharmD, BCPS
- 10:25 **Break**
- 10:35 **Optimizing Body Mass Index (BMI) through nutritional management of CF**  
Mahsa Farsad, MS, RD
- 10:55 **The role of the nurse coordinator in balancing quality improvement and clinical care**  
Genoveva Garcia, RN, BSN
- 11:10 **Break**
- 11:20 **Patient panel: Resilience and coping strategies**  
Ansley Clarke, MSW
- 11:40 **Clinical research updates from the VCU Adult Cystic Fibrosis Program**  
Ryan Hayden
- 11:45 **Partnership with the Virginia Cystic Fibrosis Foundation Chapter**  
Terri Quinan
- 11:55 **Q&A**  
Nauman Chaudary, MD
- P.M.
- 12:05 **Closing remarks**  
Nauman Chaudary, MD
- 12:15 **Adjourn**

## Accreditation and education credit



JOINTLY ACCREDITED PROVIDER  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, VCU Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

VCU Health designates this live activity for a maximum of 2.0 **AMA PRA Category 1 Credits**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 2 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program.

Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

VCU Health designates this activity for a maximum of 2.0 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



This activity provides 2.0 contact hours (0.2 CEUs) of continuing education credit. ACPE Universal Activity Number (UAN): JA4008237-0000-20-027-L01-P

NOTE FOR PHARMACISTS: Upon closing of the online evaluation, VCU Health CE will upload the pharmacy-related continuing education information to CPE Monitor within 60 days. Per ACPE rules, VCU Health CE does not have access nor the ability to upload credits requested after the evaluation closes. It is the responsibility of the pharmacist or pharmacy technician to provide the correct information (NABP ePID and DOB (in MMDD format)) in order to receive credit for participating in a CE activity.



As a Jointly Accredited Organization, VCU Health is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. VCU Health maintains responsibility for this course. Social workers completing this course receive 2.0 continuing education credits.



This activity was planned by and for the healthcare team, and learners will receive 2.0 Interprofessional Continuing Education (IPCE) credits for learning and change.

**Register online at [vcu.cloud-cme.com/cf2020](https://vcu.cloud-cme.com/cf2020)**